## ARCH 2020 - Menus FRIDA MONDAY THURSDAY ESDAY H D N **EEC Breakfast** (NNC Sites) MENUS ARE SUBJECT TO CHANGE 3-2 3-3 3-4 3-5 3-6 Crunchy Cereal - V Turkey Ham & Cheese on Hawaiian Roll Beef Sausage Pancake Sandwich Fiesta Bean & Cheese Burrito - V French Toast Trio – V Fruit Fruit Fruit Fruit Fruit Got Milk Got Milk Got Milk Got Milk Got Milk 3-9 3-10 3-11 3-12 3-13 Italian Cheese Pocket – V Morning Beef Sausage Sandwich Turkey Ham & Cheese on Hawaiian Roll French Toast Trio – V Crunchy Cereal - V Fruit Fruit Fruit Fruit Fruit Got Milk Got Milk Got Milk Got Milk Got Milk 3-20 3-16 3-17 3-18 3-19 Crunchy Cereal - V Turkey Ham & Cheese on Hawaiian Roll French Toast Trio - V Beef Sausage Pancake Sandwich Fiesta Bean & Cheese Burrito - V Fruit Fruit Fruit Fruit Fruit Got Milk Got Milk Got Milk Got Milk Got Milk 3-23 3-24 3-27 3-25 3-26 Turkey Ham & Cheese on Hawaiian Roll French Toast Trio – V Italian Cheese Pocket - V Crunchy Cereal - V Morning Beef Sausage Sandwich Fruit Fruit Fruit Fruit Fruit Got Milk Got Milk Got Milk Got Milk Got Milk 3-30 3-31 Crunchy Cereal - V Turkey Ham & Cheese on Hawaiian Roll Fruit Fruit Got Milk Got Milk

All of the Grain/Bread items served are Whole Grain Rich. Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free S: Items with an (S) can be saved for later V: Vegetarian items

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